



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# IT'S TIME TO DISCOVER

2012 Summer  
Camp Guide

Rochester  
Area Family Y



# DISCOVER A CAMP FOR YOU

## Discover Y Day Camp

Discover Y Day Camp is for children entering 1st-6th grade. The Y's day camp program offers a safe, positive, diverse environment where children gain confidence and build self-esteem while enjoying a fun-filled summer at the Y. The strength of our camp stems from our groups, experienced staff, and dedication to enriching the lives of children. The Discover Y Day Camp Program is broken down into two developmentally appropriate age groups.

Explorers are entering grades 1st-3rd in the Fall of 2012  
Adventurers are entering grades 4th-6th in the Fall of 2012

## Science, Engineering, and Technology Camp

Science, Engineering, and Technology Camp offers the fun of a day camp with an educational focus. This is an IBM Funded Program through WFD Consulting. The Y will be offering two different Science Camp Programs this summer.

Lego Robotics is for children entering 3rd-5th grade  
S.E.T. Camp is for children 11-14 years old

## Sports Camp

Y Sports Camps are for children entering 1st-6th grades. It's not whether you win or lose, it's how you learn the game. At the YMCA, kids develop all their skills, from catching and dribbling to teamwork and sportsmanship. Just as important, they learn firsthand the benefits of being healthy and active - and that virtual games just can't compare to the real thing.

## Enrichment Camp

Y Enrichment Camps are for children of various age groups. Enrichment Camps are designed to provide a half day of skill development and instruction of the specific enrichment and to incorporate the traditional camp activities throughout the day for a well-rounded camp experience.

## Counselors

The true backbone of the Y's Day Camp Programs are the dedicated staff. Staff are chosen for their proven abilities in working with children and being positive role models. All staff are CPR and First Aid certified and go through intense, week-long training before the campers arrive. The care of each child is at the heart of all we do. Our well-trained staff is committed to making each camper's experience at camp the best it can be.

## Getting Enrolled

Please fill out the camp enrollment form to sign up for Day Camp at the Y. Registration begins on 02/06/12 for Members. Science Camp registration is also open exclusively to IBM employees 02/06/12 - 02/17/12. Non-Member registration begins on 02/18/12. Accurate information on your registration forms helps ensure the safety of your child.

# OUR FOCUS



## Rochester Area Family Y Areas of Focus

The Y is a cause-driven organization that is for youth development, for healthy living and for social responsibility. That's because a strong community can only be achieved when we invest in our kids, our health and our neighbors.

### Youth Development

Nurturing the potential of every child and teen.

### Healthy Living

Improving the nation's health and well-being.

### Social Responsibility

Giving back and providing support to our neighbors.

## Rochester Area Family Y Mission

Providing for the spiritual, physical, and mental well-being for all.

## Rochester Area Family Y Day Camp Mission

The Rochester Area Family Y provides safe and fun recreation that will develop skills and teach leadership while allowing participants to build lasting friendships and unforgettable memories.

## Behavior

The Y strives to make each child feel safe and cared for while at camp. When rules are broken, it is our goal to guide children based on our values of caring, honesty, respect, and responsibility. Misbehavior will be viewed as an opportunity to develop self-control, strengthen character, and resolve conflict in a non-violent way. When a child's behavior is not in the best interest of the total camp, counselors will take the following steps:

1. Redirection and reminder of rules and the consequences
2. Verbal warning and discussion
3. Time away from the group, writing, drawing, or no activity
4. Parent Notification
  - The first parent contact is a warning
  - The second contact we will ask that the parent pick up the child
  - The third contact will result in a suspension from camp lasting 1-5 days.

We embrace each child's differences. If you have any special concerns or an individualized education plan, please let us know. We will do our very best to accommodate your child's needs. If your child's behavior or ability in any way alters the service or safety we provide to the other participants, you could be asked to make other arrangements for the summer.

# PARENT INFORMATION

## Meals and Snacks

Your camper is responsible for a morning snack and a lunch. Discover Y Day Camp will provide an afternoon snack. In addition we do a weekly sampling of produce from our Youth Garden or the Downtown Farmer's Market.

## Campers' Health

To keep our campers in good health, your child will not be accepted if he/she displays any of the following:

- Fever over 100 degrees
- Vomiting
- Diarrhea
- Head lice or constant itching
- Unidentified rash or open lesions
- Pink eye
- Persistent cough or sore throat

We will notify you to pick up your child within one hour if any of these signs occur at camp. Medications cannot be given without a completed medical authorization form. All medications must be registered with the camp director. We will ask you to fill out a medication form on the first day of camp.

## Payment Policies

- A minimum of two weeks payment is required if signing your child up for more than one week of camp.
- The fee for the week(s) you are registered for must be paid in full at least one week prior to the start of your registered camp. If payment is not received the camper will lose their spot on the roster.
- If a camper is on the waiting list his/her spot is not guaranteed.
- Payments are based on the weeks your child is registered.
- We are unable to pro-rate a week of camp.
- If you are with Child Care Resource and Referral, please make your payment on its two week due date.

## Day Camp Fees

- Registration fees: Members \$10.00 Non-Members \$20.00
- All campers are required to pay a one-time registration fee.
- Registration fees are non-refundable and camp fees become non-refundable two weeks prior to the start of camp.
- There will be an additional \$10.00 charge, for all camps, the weeks that we take the field trip to Valleyfair.
- We do offer a certain amount of scholarship assistance on a first come, first serve basis. There is a separate form that needs to be filled out for the 2012 Camp Season. This form is available at the Y Welcome Center.

# PARENT CHECKLIST

In order for your child to have the best summer possible, there are certain things your child will need to have with them at camp!

- Wear sturdy shoes every single day! No open toed shoes or sandals outside the pool area.
- A lunch with a drink
- A water bottle
- Your camper should bring a morning snack. The Y will provide the afternoon snack.
- A light jacket in case of rain.
- Bug Spray
- Please mark all your belongings with the child's name.
- Bring a swim suit and towel every day. If there is inclement weather outside we can still swim inside at the Y!
- Please be sure your child is wearing sunscreen every day when they arrive at camp; and encourage them to apply it throughout the day to protect their skin.
- Spending Money is not allowed for field trips. Please do not send money to camp with your child.
- Campers should not bring valuable items with them to camp. The Y is not responsible for lost or stolen items.



# PRESCHOOL CAMPS

## Preschool Camps!

Come and join the fun! Our preschool camps provide half-day adventures for children aged 3-5 years. The camps are led by Y-Tots Preschool teachers and will include play, exploration, art, stories, snacks, playground time, and Friday swim time. Class size is limited so register now! All children must be toilet-trained. There is no extended care for preschool camp.

Camps meet in the Y-Tots Preschool room from 9:00am-11:30am Monday-Friday. For more information, contact [Julie Ellis at 287-2260 ext 329](mailto:juliee@rochfamy.org) or [juliee@rochfamy.org](mailto:juliee@rochfamy.org)

Members: \$62 per week      Non-Members: \$77 per week

### Celebrate Summer

June 11-15, 2012 Week 1  
Watermelon! Ice cream! Join us for lots of summertime treats and activities!

### Dinosaur Daze

June 18-22, 2012 Week 2  
Take a trip back in time to learn about dinos large and small!

### Super Space Adventure

June 25-29, 2012 Week 3  
Join us for a week of "outta-this-world" activities!

### Rockin' Rainforest

July 9-13, 2012 Week 5  
Come along on an adventure into the rainforest!

### Bubble-icious

July 16-20, 2012 Week 6  
A week-long bonanza of bubble activities!

### Surf's Up!

July 23-27, 2012 Week 7  
We're hitting the "beach" for a great week of fun!

### Fantastic Fun

July 30-August 3, 2012 Week 8  
A different theme each day. Come and be surprised!



# SPORTS AND ENRICHMENT CAMPS

Sports and Enrichment Camps are full-day camps

**Soccer**            Members: \$140            Non-Members: \$155  
Week 1, June 11-15, 2012 (1st-3rd grade & 4th-6th grade groupings)  
Dribbling, shooting, and passing your way to learn soccer skills and teamwork.  
Camp provides a full range of sports activities throughout the week.

**Baseball**            Members: \$140            Non-Members: \$155  
Week 2, June 18-22, 2012 (1st-3rd grade & 4th-6th grade groupings)  
Hit, Catch, and slide your way to learn baseball skills and teamwork. Camp provides a full range of sports activities throughout the week.

**Football**            Members: \$140            Non-Members: \$155  
Week 3, June 25-29, 2012 (1st-3rd grade & 4th-6th grade groupings)  
Punt, pass, and kick your way to learn flag football skills and teamwork. Camp provides a full range of sports activities throughout the week.

**Basketball**            Members: \$140            Non-Members: \$155  
Week 5, July 9-13, 2012 (1st-3rd grade & 4th-6th grade groupings)  
Dribbling, shooting, and passing your way to learn basketball skills and teamwork.  
Camp provides a full range of sports activities throughout the week.

**Swim**            Members: \$140            Non-Members: \$155  
Week 6, July 16-20, 2012 (8-10 yr olds)  
Week 7, July 23-27, 2012 (11-13 yr olds)  
Dive your way into building and strengthening your swimming skills and teamwork. Camp provides a full range of sports activities throughout the week.

**Dance**            Members: \$140            Non-Members: \$155  
Week 8, July 30-August 3, 2012 (1st-3rd grade & 4th-6th grade groupings)  
Come learn some new and exciting dance moves in this fun dance camp. You will learn choreography and routines that will make you the hit of the dance floor.

## Sports Camp for Kids with Disabilities

Week 9, August 6-10, 2012    Members: \$70            Non-Members: \$85  
Campers will engage in team and individual sports. Equipment and other modifications will be implemented so that campers of all abilities will be successful.  
Morning: 9am-12pm, 1st-6th grade; Afternoon: 1pm-4pm, 7th-12th grade.

**Horseback Riding**            Members: \$ 200            Non-Members: \$250  
Week 10, August 13-17, 2012 (11-15 yr olds) - no scholarships available  
All riding levels can learn new skills or enhance current skills. Campers will be dropped off at the Y and transported daily to the "Stables Equestrian Center."  
Enrollment is limited. Traditional camp activities will round out each day.

## Fine Arts

Week 11, August 20-24, 2012    Members: \$145            Non-Members: \$160  
More than just "arts and crafts," young artists will focus on artistic expression through watercolors, pencil, music, theater, and more.

# DISCOVER Y DAY CAMP

- Members \$140.00 per week
- Members \$10.00 Registration Fee
- Non-Members \$155.00 per week
- Non-Members \$20.00 Registration Fee

## Super Heroes

Week 1, June 11–15, 2012

Is it a bird? No. Is it a plane? No. Is it going to be a great camp week full of costumes, super powers, and good deeds? Yes!

[Field Trip](#)

Wednesday, June 13th: Adventurers

Thursday, June 14th: Explorers

Nickelodeon Universe

## Lions, Tigers, and Bears...OH MY!

Week 2, June 18–22, 2012

Go wild and learn about animals near and far. Plan to be surprised by what you learn about our animal friends.

[Field Trip](#)

Wednesday, June 20th: Adventurers

Thursday, June 21st: Explorers

Minnesota Zoo

## Space: The Final Frontier

Week 3, June 25–29, 2012

Up, up and away! It's time to fly through the week with activities that keep us up in the air.

[Field Trip](#)

Wednesday, June 27th: Adventurers  
Valleyfair

(extra \$10 charge for week)

Thursday, June 28th: Explorers

ComoTown Amusement Park

## Sports Mania

Week 4, July 2–6, 2012

Love Sports? This camp is for you!

Each day features a different sport and campers practice cooperation and teamwork as they compete with fellow campers. (no camp on July 4th)

[Field Trip](#)

Thursday, July 5th: Adventurers

Thursday, July 5th: Explorers

Grand Slam Laser Tag, Mini Golf

## The Amazing Race

Week 5, July 9–13, 2012

Are you up for the challenge? Campers will work together and discover what teamwork is all about as they complete hunts and challenges while exploring the different lands and cultures of the world.

[Field Trip](#)

Wednesday, July 11th: Adventurers

Thursday, July 12th: Explorers

Cascade Bay Water Park

## Spirit Week

Week 6, July 16–20, 2012

Let's show our Discover Y pride! Campers will create banners, songs, cheers, and dress in team colors. It's red team vs. blue team all week! Always a top favorite week!

[Field Trip](#)

Thursday, July 19th: Adventurers

Thursday, July 19th: Explorers

Twins Game against the Orioles

## It's Time to Discover!

# DISCOVER Y DAY CAMP

- Members \$140.00 per week
- Members \$10.00 Registration Fee
- Non-Members \$155.00 per week
- Non-Members \$20.00 Registration Fee

## On Top of The World

Week 7, July 23–27, 2012

Campers will go through challenges that will require the trust of their teammates in order to succeed. This week will also require both brains and skills.

[Field Trip](#)

Wednesday, July 25th: Adventurers

Thursday, July 26th: Explorers

Eagle Bluff Ropes Course

## Super Soakin'

Week 8, July 30–August 3, 2012

Splishin' and splashin' all while laughin'. It's time to get wet through water balloon games, sprinklers, slip-n-slides, and so much more of everything water related.

[Field Trip](#)

Wednesday, August 1st: Adventurers

Thursday, August 2nd: Explorers

Bunker Beach Water Park

## Run, Jump, Climb, and Slide

Week 9, August 6–10, 2012

This week gives campers the opportunity to play on Minnesota's biggest playground. Campers will discover new and fun activities that involve the surrounding playgrounds.

[Field Trip](#)

Wednesday, August 8th: Adventurers

Thursday, August 9th: Explorers

Chutes and Ladders

## Journey to the Bottom of the Sea

Week 10, August 13–17, 2012

It's time to stir things up! Spend a week searching for animals that live underwater.

[Field Trip](#)

Wednesday, August 15th: Adventurers

Thursday, August 16th: Explorers

Sea Life Aquarium

## Wet and Wild

Week 11, August 20–24, 2011

There is nothing better than cooling off from the summer heat than water activities. This week will include water games, slip-n-slide, and of course, Water Olympics.

[Field Trip](#)

Wednesday, August 22nd: Adventurers

Thursday, August 23rd: Explorers

Apple Valley Water Park

## Camp Celebration

Week 12, August 27–31, 2012

Did you love all of the water games during Beat The Heat week? Then you're in luck. We're spending the week of camp revisiting all of our favorite activities and games as we put the entire summer on rewind!

[Field Trip](#)

Wednesday, August 29th: Adventurers

The Science Museum of Minnesota

Thursday, August 30th: Explorers

Minnesota Children's Museum



# LEGO ROBOTICS CAMP

## Lego Robotics Program

Join us in our new science adventure with our Lego Robotics program for children entering 3rd, 4th, and 5th grade this Fall. This program is designed for this age group and introduces Lego Robotics in a fun and friendly way. This camp is designed for both new and experienced children. Each day will focus on different activities and infuse traditional day camp activities, such as swimming, group games, the outdoors, etc. You may sign up for multiple sessions, as we will introduce new topics and have new field trips each week.

[Lego Robotics - June 18-22, 2012](#)

Week 2

The Works – June 21st

[Lego Robotics - June 25-29, 2012](#)

Week 3

Valleyfair – June 27th (\$10 additional)

[Lego Robotics - July 9-13, 2011](#)

Week 5

Sea Life Aquarium @ MOA - July 12th

[Lego Robotics - July 16-20, 2012](#)

Week 6

Bunker Beach Water Park – July 19th

[Lego Robotics - July 23-27, 2012](#)

Week 7

Nickelodeon Universe - July 26th

## Philosophy

Science Engineering and Technology Day Camp is a program of the Rochester Area Family Y. We uphold the heritage, tradition and values of the Y throughout our program activities. During our daily activities we model the Y's four core values through group and individual activities that allow the campers to excel and be proud of their accomplishments.

## Purpose

The purpose of Science, Engineering and Technology camp is to help campers grow mentally, socially, and physically. We incorporate activities that utilize the lessons for each theme as well as our Y location to provide challenging activities in both large and small-group settings under the guidance of caring, well-trained staff members. Our YMCA camp can give children an experience that lasts a lifetime. The Lego Robotics Camp for 3rd, 4th, and 5th graders is geared towards that particular age group; while our S.E.T. Camp program is specifically designed to meet the needs and interests of middle school-aged children and families.

## Goals

The goal of Science, Engineering and Technology camp is to provide a safe, nurturing environment that promotes healthy character development as well as improves science skills. Our program is based upon several objectives that characterize all YMCA programs:

Grow personally, learn values, improve personal and family relationships, appreciate diversity, become better leaders and supporters, develop scientific skills, and have fun. Our main focus each week is for campers to leave with a new arsenal of scientific skills relating to the theme taught.

## Enrollment

At Science, Engineering, and Technology day camp the weekly enrollment is 25 campers, supervised by 4 staff members.

Our Elementary Lego Robotics Camp has a weekly enrollment of 20 campers and 3 staff members. Campers will remain in this large group setting for the majority of the week. During some activities campers will be broken into smaller groups, and some lessons require partners. In this case, campers are allowed to choose their own partners but they are encouraged to work with someone they haven't previously been paired with.



# SCIENCE, ENGINEERING AND TECHNOLOGY CAMP

## Science Camp Sessions - Ages 11-14

- Members \$145.00 per week
- Members \$10.00 Registration
- IBM Employees \$145.00 per week
- Non-Members \$160.00 per week
- Non-Members \$20.00 Registration Fee
- Free Registration for IBM Employees

### Lego Robotics: Animals, Art, and Adventure

June 11-15, 2012 Week 1

This camp will use LEGOs and ROBOLAB to design, build, and program robots. Most children are familiar with, have experience with, and enjoy using LEGOs. These points enable LEGOs to be the perfect tool for students to learn about math, engineering, and technology while having fun.

#### [Field Trip](#)

Eagle Bluff Ropes Course - June 14th

### Bridge Design: Connecting People & Places

June 18-22, 2012 Week 2

The module will walk campers through the basic concepts of bridge building. The strength of shapes is fundamental to all bridge structures. Campers will learn about the different types of bridges as they build and test several types of bridges.

#### [Field Trip](#)

The Works - June 21st

### Advanced Lego Robotics

June 25-29, 2012 Week 3

This camp is for those who have completed the first Lego Robotics camp or have previous experience working with Lego Robotics. They will build upon previous skills.

#### [Field Trip](#)

Valleyfair – June 27th (\$10 additional)

### Environmental Engineering:

#### Nothing Leaves the Planet

July 9-13, 2012 Week 5

The focus of this module is the cycle of resources on Earth. Campers will use recycled materials to gain a better understanding of the hydrologic cycle and how water moves through the environment. They will also gain insight into how recycling, reduction (recovery), and reuse of waste materials work to preserve natural resources.

#### [Field Trip](#)

Sea Life Aquarium

@ Mall of America – July 12th

### Beyond Advanced Lego Robotics

July 16-20, 2012 Week 6

This camp will use LEGOs and ROBOLAB to design, build, and program robots. This camp is geared for students that have used Lego Robotics for more than one year or for those campers that have progressed through the two previous levels.

#### [Field Trip](#)

Bunker Beach Water Park – July 19th

### Lego Robotics: Animals, Art, and Adventure

July 23-27, 2012 Week 7

This camp will use LEGOs and ROBOLAB to design, build, and program robots. Most children are familiar with, have experience with, and enjoy using LEGOs. These points enable LEGOs to be the perfect tool for students to learn about math, engineering, and technology while having fun.

#### [Field Trip](#)

Nickelodeon Universe

@ Mall of America – July 26th

### Advanced Lego Robotics

July 30-August 3, 2012 Week 8

This camp is for those who have completed the first Lego Robotics camp or have previous experience working with Lego Robotics. They will build upon previous skills. This module will introduce new topics, so campers can register for more than one module of this level.

#### [Field Trip](#)

Water Park of America – August 2nd

### Musical Instruments:

#### Engineering: Sound, Science, and Song

August 6-10, 2012 Week 9

There are many engineering principles that can be taught and illustrated using musical instruments as an educational medium and focal point. Acoustics, vibrations, strength of materials, manufacturing practices, and energy transfers are among them. In this module, we attempt to introduce and explore some of these concepts through the construction of simple musical instruments.

#### [Field Trip](#)

Science Museum of Minnesota – August 9th

# LEADERS IN TRAINING (LIT) CAMP

In this leaders program, teens will learn leadership skills that can be used in all parts of life, including home, school, sports, youth groups, work, and in the community. Through challenging activities, workshops, and discussions, the leadership skills learned include communication; teamwork; setting goals and making plans to achieve them; making decisions; developing increased confidence, caring, responsibility, honesty, and respect. LIT participants will have the opportunity to observe camp counselors, childcare staff, aquatics staff, and fitness staff as they exhibit many of these skills. Traditional camp activities will also be included in the daily schedule.

LIT Camp is for youth entering 7th-12th grade.

Camp Fees:

Members \$45.00 per week

Non-Members \$65.00 per week

## CHOOSE YOUR WEEK(S):

Week 1	June 11-15
Week 2	June 18-22
Week 3	June 25-29
Week 4	July 2-6 (no camp on July 4th)
Week 5	July 9-13
Week 6	July 16-20
Week 7	July 23-27
Week 8	July 30-Aug 3
Week 9	Aug 6-10
Week 10	Aug 13-17
Week 11	Aug 20-24
Week 12	Aug 27-31



## 2012 RAFY SUMMER DAY CAMPS

Camps							
Week	Dates	Discover Day Camp	Lego Robotics	Science, Engineering, & Technology	L.I.T.	Enrichment & Sports	Preschool
1	June 11-15	Super Heroes		Lego Robotics: Animals, Arts, & Adventure	LIT	Soccer	Celebrate Summer
2	June 18-22	Lions, Tigers, & Bears..OH MY!	Lego Robotics	Bridge Design: Connecting People & Places	LIT	Baseball	Dinosaur Daze
3	June 25-29	Space: The Final Frontier	Lego Robotics	Advanced Lego Robotics	LIT	Football	Super Space Adventure
4	July 2-6	Sports Mania			LIT		
5	July 9-13	The Amazing Race	Lego Robotics	Environmental Engineering: Nothing Leaves the Planet	LIT	Basketball	Rockin' Rainforest
6	July 16-20	Spirit Week	Lego Robotics	Beyond Advanced Lego Robotics	LIT	Swim (8-10 yr olds)	Bubble-icious
7	July 23-27	On Top of The World	Lego Robotics	Lego Robotics: Animals, Arts, & Adventure	LIT	Swim (11-13 yr olds)	Surfs Up!
8	July 30-Aug 3	Super Soakin'		Advanced Lego Robotics	LIT	Dance	Fantastic Fun
9	Aug 6-10	Run, Jump, Climb, & Slide		Musical Instruments: Engineering; Sound, Science, & Song	LIT	Sports for Kids w/ Disabilities	
10	Aug 13-17	Journey to The Bottom of The Sea			LIT	Horseback Riding	
11	Aug 20-24	Wet & Wild			LIT	Fine Arts	
12	Aug 27-31	Camp Celebration			LIT		



Discover Y Day Camps . Science, Engineering, and Technology Camps  
Lego Robotics Camps . Sports Camps . Enrichment Camps . L.I.T. Camps

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